

Jing Ying Institute of Kung Fu & Tai Chi
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www.JingYing.org

## March 12, 13, 14 2016 Annapolis (Arnold) MD Jing Ying Institute, 1195 Baltimore Annapolis Blvd #6, Arnold MD 21012

## Saturday, March 12, 2016

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10:00 am to 12:30 pm: 2:00 pm to 4:30 pm:	LaoJia YiLu - Morning session Part A (Session 1) LaoJia YiLu - Afternoon session Part B (Session 2)		
Sunday, March 13, 2016			
10:00 am to 12:30 pm: 2:00 pm to 4:30 pm:	Jian (Straightsword) - Morning session Part A (Session 3) Jian (Straightsword) - Afternoon session Part B (Session 4)		
	Monday, March 14	l, 2016	
7:00 pm to 9:00 pm:	18 Posture Form (Session 5) - Learn and practice the 18 essential Postures routine which was created to provide many of the health benefits of LaoJia YiLu practice in a shorter format that can be learned more quickly. Learn from one of China's national champions!		
$\square$ (1) Sat 10:00 pm to 1:30 pm $\square$ (2) Sat 2:00 pm to 4:30 pm			pm to 4:30 pm
□ (3) Sun 10:00 pm to 1:30 pm □ (4) Sun 2:00 pm to			) pm to 4:30 pm
□ (5) Monday 7:00 pm to 9:00 pm			
Please check in/register 30 minutes before the start of your first session. <b>\$80</b> for one session, <b>\$145</b> for two sessions, <b>\$200</b> for three sessions, <b>\$250</b> for four sessions. <b>\$290</b> for all 5 sessions. <b>\$60</b> for Monday only or <b>\$45</b> if combined with any other sessions. Check all that apply. Late registration of \$10 per session (max \$25) if paid at the door. <b>Total:</b>			
Boxed lunch options available for Saturday and Sunday at \$12.  Dinner with Wang HaiJun on Saturday will be available for \$25. (pay and make selections on-line)			
ull Name: Date of Birth:			
ddr:	City:		State: Zip:
ome Phone:	Alt Phone:		Work/Cell (Circle one)
-Mail: We do not sell, rent or veaway your info. We just use this to send you updates, event reminders or copies of our newsletter.			
ignature:			Participants under age 18 must have a release form signed by a parent or guardian.